

lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
10h30 yoga studio	09h15 yoga BANANAFIT		9h00 yoga sénior DOMITYS	10h00 yoga sénior DOMITYS	10h00 M of Running studio	10h00 SKY studio
12h30 yoga Av.Exp	12h30 yoga H.A.D.		10h00 yoga sénior DOMITYS			
	15h00 cours particulier Mulhouse	13h30 yoga H.A.D.	12h30 yoga BANANAFIT	14h30 cours particulier Mulhouse		
		17h30 yoga BANANAFIT				
18h00 sophrologie avec Corinne*	18h30 VisiYoga zoom	19h00 yoga studio	18h30 yoga studio			
19h30 yoga studio	19h45 yoga studio		19h45 VisiYoga zoom			